



GNR DESIGNS JOURNAL

Do It Yourself Case Study #7: Spring Renewal

Spring came to our life with powerful force of renewal, bringing with it vibrant colors. We came from darkness to light in many aspects of our life, from cold to warm, from brown to green. It is a new beginning, and a time for transformation of ourselves, our thoughts, our routine, our diet, our wardrobe, our working space, our homes, and our gardens.

At wherever stage you are now, whether selling or buying a house, or simply renting, you can create sanctuary for yourself and your family, and cause an energetic lift to your home. Feng Shui has been used for thousands of years to make homes more welcoming, adjust the energy in the space, and create balance and harmony.



THE ROOMS THAT "SELL" THE HOUSE:

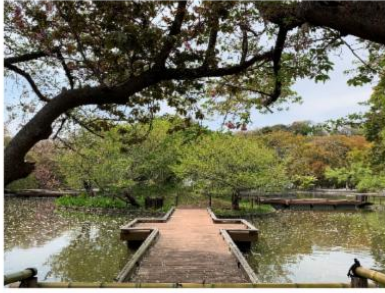
Entrance, Hallway or Living room. The first impression sets the tone and feeling for the entire home. Light and color can really make a difference here. Make sure that window coverings are pulled back so that the windows look as large as possible. Create comfortable seating around a focal point (table, fire place, TV). Dress it up with mirrors, artwork, plants.

Kitchen. This is the place for "Health and Wealth Cooking." Always keep your stove sparkling! Clean up counter spaces, add an herb garden, set the table or counter top with bright colorful breakfast china. A ceramic plate with fresh fruits will add delicious energy to the space.

Master Bedroom. This is a very important room that will make a potential buyer feel at home. This is the room of the 3 S's: Sleep, Sex, and senses. Clear the room of anything that does not say "Bedroom." Light pastel colors, fresh linens, and a bedspread will perk things up. Add fresh flowers and candles to create romantic atmosphere.

Master Bathroom. This is the room where we have intimate relations with our body. Declutter, roll up big plush towels to add a spa feel. Lavender scent always is a big plus.

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CURB APPEAL: You have only one chance to make a first impression! Trim back overgrown or view-blocking shrubbery and trees to create a welcoming pathway to your door. Make sure the numbers of the home are clearly visible, both on the house and on the mailbox. This will create a path to new opportunities!

A fabulous front door will really stand out and catch the eye. Place matching planters with bright flowers on either side of the door. A welcome mat is a must. The entry into your home is your connection to the outside world.

THE BACKYARD: Whether you have a big back yard, or a small terrace, or a deck, adding planters with seasonable flowers and creating focal point will make a big impression. Items that will make a big difference:

- A table, chairs, and an umbrella;
- A fire pit;
- A romantic Swing set;
- A pond with fishes;
- A big chair with comfy cushions.

USING FENG SHUI: Strategically staging your home and uplifting the energy of your home will help you support your personality and create balance and prosperity. De-clutter and allow good flow and circulation throughout the home. The house is a container of energy; you will want the container you are selling to feel large, airy, light, and welcoming for its new owners.

Feng Shui Workshop: Spring Renewal for Health and Happiness

Tuesday May 11th - 9AM to 1PM - Metropolitan Institute of Design

Refreshments will be served - Tuition Fee: \$99

RESERVE YOUR SEAT NOW! (516) 845-4033 OR mainoffice@met-design.com

We still offer SAFE-DISTANCE in-person services; however, if you prefer using our new Do-It-Yourself service, you may complete a short questionnaire by [clicking anywhere on this email](#). This will allow us to give you an idea of what it will cost you to create the design of your dreams from a safe distance.

For more information, contact Nadia

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